

GYN Patients Heal Faster with Laparoscopic Technology

Centennial Medical Plaza now offers a minimally invasive, high-tech procedure for gynecologic surgery. The procedure uses a laparoscope, a small flexible camera that allows surgeons to see inside the body. Seen on a video screen, the area being operated on is enlarged, allowing the physician to see better. There are many other differences between laparoscopic surgery and traditional surgery. "Laparoscopic surgery allows the gynecologist to use small incisions, if any at all. Because of this patients heal faster, have less pain, and have fewer complications than with traditional surgery," states Dr. Waliser, an OB/Gyn with the Russell Center for Women. For example, when a laparoscopic hysterectomy is performed, it is an outpatient procedure and the patient returns to work within 10-14 days. A traditional hysterectomy would require 3-4 days in the hospital, with 6-8 weeks off work. The patient can resume her daily routine much faster, and save money by returning to work sooner when laparoscopic technology is used.

Many types of GYN surgeries can be performed with this equipment including sterilization procedures, tumors, hysterectomies, and fibroid removal. Dr. Waliser recommends that patients do their research. "Make sure you know all your options if you have a problem that requires surgery. Call the hospitals, ask questions. It is not unreasonable to seek a second opinion, especially when surgery is required."

To learn more about the benefits of laparoscopic GYN surgery, visit the Centennial Medical Plaza web site at www.CentennialMedicalPlaza.com/LocalNews.asp



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